

SMOOTHIES

Protein Smoothies \$8.99

- Chocolate Delight** - Chocolate Protein / Banana / Peanut Butter / Chocolate Almond Milk
- Chocolate Strawberry** - Chocolate Protein / Strawberries / Banana / Cacao Nibs / Chocolate Almond Milk
- Miami Vice** - Vanilla Protein / Strawberry / Banana / Coconut Flakes / Coconut Milk
- Very Berry** - Vanilla Protein / Mixed Berries / Vanilla Almond Milk
- PB&J** - Vanilla Protein / Mixed Berries / Banana / Peanut Butter / Vanilla Almond Milk
- Blueberry Chia** - Vanilla Protein / Blueberries / Banana / Chia Seeds / Coconut Oil / Vanilla Almond Milk
- Pineapple Express** - Vanilla Protein / Pineapple / Blueberries / Coconut Oil / Coconut Milk
- Thin Mint** - Chocolate Protein / Banana / Cacao Nibs / Peppermint Oil / Mint Chlorophyll / Chocolate Almond Milk

Super Food Smoothies.....\$9.99

- Yoda** -Vanilla Protein / Pineapple / Coconut Oil / Spirulina Manna / Kale / Vanilla Almond Milk
- Superman** - Vanilla Protein / Pineapple / Maca Powder / Chia Seeds / Goji Berries / Coconut Milk
- Wonder Woman** - Vanilla Protein / Banana / Walnuts / Local Honey / Cinnamon / Vanilla Almond Milk
- Hulk** - Vanilla Protein / Banana / Almond Butter / Green Vibrance / Vanilla Almond Milk
- Wolverine** - Vanilla Protein / Pineapple / Cilantro / Spinach / Chia seeds / Vanilla Almond Milk
- Flash** - Vega Mocha Protein / Banana / Dates / Almond Butter / Cacao Nibs / Cold Brew / Chocolate Almond Milk

SMOOTHIE & JUICE BOOSTS \$0.99

Green Vibrance · Whey or Vegan Protein Chlorophyll · Spirulina · Cayenne Extract Ginger · Maca Powder

COCONUT WATER SLUSHIES \$10.99

Strawberry Lemon - Coconut Water/ Ice / Agave
Orange Mango - Coconut Water/ Ice / Agave
Pineapple Ginger - Coconut Water/ Ice / Agave

SUPER FRUIT BOWLS \$15.99

Step #1: Choose Your Base

Rainforest -Acai / Blueberry / Banana / Almond Milk / Ice

Tropical - Pitaya / Pineapple / Banana / Almond Milk / Ice

Step #2: Choose 2 Add Ins

Chia Seeds / Almond Butter/ Flax Seeds / Peanut Butter / Coconut Oil / Spirulina / Green Vibrance / Protein (\$1.00 extra)

Step #3: Choose 2 Add Ons

Gluten Free Granola / Cacao Nibs / Coconut Flakes / Walnuts / Hemp Seeds / Coji Berries / Fresh Seasonal Fruit (when available)

JUICES

Basic Juices.....\$9.99

- Fresh Pressed Juice** - Apple or Carrot
 - ABC** - Apple / Beet / Carrot
 - The Cooler** - Cucumber / Apple / Carrot
- Wellness Juices**.....\$9.99
- Green Life** - Celery / Apple / Cucumber / Lemon / Kale
 - The Alkalizer** - Celery / Lemon / Kale / Spinach / Parsley
 - Love Green** - Cucumber / Apple / Kale / Spinach / Parsley
 - Easy Green** - Pineapple / Spinach / Kale / Lemon / Cucumber
 - Orange Cleanse** - Carrots / Apple / Ginger / Lemon
 - Purple Detox** - Beets / Kale/ Apple / Celery
 - Metabolism Booster** - Carrot / Grapefruit / Orange / Ginger / Cayenne Extract
 - Energizer** - Orange / Beets / Cucumber / NRG Pre-workout
 - Fat Burner** - Grapefruit / Spinach /Apple / Mint Chlorophyll / Cucumber

Wheatgrass & Juice.....\$11.99

- Sweet Grass** - Pineapple / Apple / Cucumber / Wheatgrass
- Morning Greens** - Fresh Orange Juice / Cucumber / Celery / Wheatgrass
- Wheatgrass Lemonade** - Wheatgrass / Lemon / Ginger / Apple & Choice of Honey or Agave
- Purifier** - Celery / Beets / Carrot / Cucumber / Apple / 1 oz. Wheatgrass

Wellness Shots..... 1oz - \$2.25 2 oz. - \$4.00

- Wheatgrass / Fire Cider / Lemon / Ginger
- Home Run** \$7.99
- 1 oz of each** - Wheatgrass / Fire Cider / Lemon / Ginger

Grand Slam..... \$14.99

- 2 oz of each** - Wheatgrass / Fire Cider / Lemon / Ginger



SMOOTHIE & JUICE BOOSTS \$0.99

Green Vibrance · Whey or Vegan Protein Chlorophyll · Spirulina · Cayenne Extract Ginger · Maca Powder

WHAT MAKES US SO GREEN...

At Green Life Market, we use 100% organic produce, 100% of the time. Our food service operation strives to cater to a variety of different diets and dietary needs. We always ensure that we do not use ingredients such as: GMO's, high-fructose corn syrup, artificial flavors or colors, and bleached flours or sugars. At Green Life Market, we believe in quality, that's why we do all the cooking ourselves, and we source our ingredients from organic farms, small businesses and local vendors. We carry these standards across each department in our stores and we hope that by supplying you with healthy alternatives, you will spread these values amongst your friends and family and across the community!



PRINTED BY: GRAPHIC MAKERS & PRINTERS 1.877.749.9279.

TAKE OUT MENU

green life MARKET

"Your One Stop Shop for Healthy Living"

**1388 Route 23 North
Butler, NJ 07405**

973-283-8322



Hours of Operation:

Monday - Friday 8 AM - 8 PM

Saturday - Sunday 9 AM - 6 PM

THE DELI CLOSSES 1 HOUR PRIOR TO THE STORE CLOSING

Visit our other locations in Andover & Wayne, NJ

SALADS

Thai Chicken (contains: peanuts) GF	\$9.99
<i>Arugula, Cucumber, Banana Peppers, Pumpkin Seeds & Our Signature Thai Chicken Salad w/ Cilantro Lime Dressing</i>	
Avocado Tuna GF DF	\$9.99
<i>Mixed Greens, Tomatoes, Cucumbers, Salad Sprouts, Carrots, Sunflower Seeds & Our Homemade Avocado Tuna Salad w/ Fire Cider Dressing</i>	
Caprese GF	\$9.99
<i>Mixed Greens, Fresh Mozzarella, Tomato, Red Onion, Roasted Red Peppers & Grilled Chicken w/ House Balsamic Dressing</i>	
Beet Salad GF	\$9.99
<i>Arugula, Beets, Goat Cheese, Walnuts, Cucumbers & Crunchy Sprouts w/ House Balsamic Dressing</i>	
Hummus & Sprouts V DF	\$9.99
<i>Mixed Greens, Salad Sprouts, Celery, Carrots, Bell Peppers, Crunchy Sprouts, Tamari Almonds & Roasted Garlic Hummus w/ Ginger Nama Shoyu Sauce</i>	
The Cobb GF	\$9.99
<i>Romaine, Red Onions, Tomatoes, Blue Cheese, Avocado, Turkey Bacon & Grilled Chicken w/ House Fire Cider Dressing</i>	
Chicken Apple Salad GF	\$9.99
<i>Arugula, Apples, Roasted Beets, Almonds, Pumpkin Seeds, Goat Cheese & Grilled Chicken w/ House Balsamic Dressing</i>	
Taco Salad GF	\$9.99
<i>Romaine, Tomatoes, Red Onion, Black Beans, Corn, Cheddar Cheese & Fiesta Ground Turkey w/ Chipotle Ranch Sauce</i>	
House Salad GF (Vegan upon request).....	\$8.99
<i>Mixed Greens, Cheddar Cheese, Tomatoes, Onions, Cucumber, Carrots, Salad Sprouts & Hemp Seeds w/ Olive Oil & Red Wine Dressing</i>	

ADD-ONS

* Chicken	\$3.00
* Turkey Bacon, Fakin' Bacon, Avocado, or Egg	\$2.00
* Corn, Black Beans, Hummus, Vegetable, Cheese or Extra Dressing (2 oz.)	\$1.00

GF = Gluten Free | **V** = Vegan | **DF** = Dairy Free

DRESSINGS

- Balsamic Vinaigrette **V** **GF**
- Cashew Dressing **V** **GF**
- Chipotle Ranch **GF**
- Cilantro Lime Dressing **GF**
- Fire Cider Vinaigrette **DF** **GF**
- Honey Lime Mustard **DF** **GF**

SAUCES

- Banana Curry **V** **GF**
- Buffalo Aioli **DF** **GF**
- Carrot Ginger **V** **GF**
- Garlic Herb Aioli **V** **GF**
- Garlic Tahini **V** **GF**
- Ginger Nama Shoyu **V**
- Miso **V** **GF**
- Spicy Thai Peanut **V** **GF**
- 2 oz. - \$1.00 • 4 oz. - \$2.00
- 8 oz. - \$4.00 • 16 oz. - \$8.00

WRAPS

Thai Chicken (contains: peanuts).....	\$9.99
<i>Thai Chicken Salad, Banana Peppers, Cucumbers, Arugula & Cilantro Lime Dressing</i>	
Avocado Tuna DF	\$9.99
<i>Avocado Tuna Salad, Tomatoes, Salad Sprouts, Cucumbers & Mixed Greens</i>	
BBQ Chicken	\$9.99
<i>Grilled Chicken, BBQ Sauce, Cheddar Cheese & Coleslaw</i>	
Buffalo Chicken	\$9.99
<i>Grilled Chicken, Buffalo Sauce, Turkey Bacon, Cucumbers, Banana Peppers, Romaine & Bleu Cheese</i>	
Caprese	\$9.99
<i>Grilled Chicken, Fresh Mozzarella, Roasted Red Peppers, Mixed Greens & House Balsamic</i>	
Chicken Bacon	\$9.99
<i>Grilled Chicken, Turkey Bacon, Cheddar Cheese, Lettuce, Tomato & Honey Lime Mustard</i>	
Fiesta Turkey	\$9.99
<i>Fiesta Ground Turkey, Romaine, Tomatoes, Red Onion, Black Beans, Corn, Cheddar Cheese & Chipotle Ranch</i>	
Honey Lime Turkey	\$10.99
<i>Turkey, Provolone, Lettuce, Tomato, Onion & Honey Lime Mustard</i>	
Turkey Special	\$10.99
<i>Turkey, Swiss Cheese, Lettuce, Tomato, Onion & Garlic Herb Sauce</i>	
TBLT DF	\$9.99
<i>Turkey Bacon, Tomatoes, Romaine & Garlic Herb Sauce</i>	
Gluten-Free Option Available	\$1.50

VEGAN WRAPS

Black Bean	\$9.99
<i>Black Bean Meatballs, Mixed Greens, Tomato, Cucumber, Avocado & Garlic Herb Sauce</i>	
Falafel	\$9.99
<i>Falafel, Lettuce, Tomato, Onion, Cucumber & Garlic Tahini Sauce</i>	
Hummus & Avocado	\$9.99
<i>Roasted Garlic Hummus, Cucumbers, Tomato, Avocado & Salad Sprouts</i>	
Roasted Veggie	\$9.99
<i>Seasonal veggies, Vegan Smoked Tomato Cheese & Mixed Greens w/ Garlic Herb Sauce</i>	
Veggie Heaven	\$9.99
<i>Mushroom, Roasted Red Pepper, Shredded Carrot, Mixed Greens & Garlic Herb Sauce</i>	
VLT	\$9.99
<i>Tempeh (Fakin' Bacon), Tomatoes, Romaine & Garlic Herb Sauce</i>	
Gluten-Free Option Available	\$1.50

ADD-ONS

* Chicken	\$3.00
* Turkey Bacon, Fakin' Bacon, Avocado, or Egg	\$2.00
* Corn, Black Beans, Hummus, Vegetable, Cheese or Extra Dressing (2 oz.)	\$1.00

SOUP OF THE DAY

Small (16 oz.).....	\$5.99
Large (32 oz.).....	\$9.99

STEAM BOWLS \$10.99

- Spicy Thai** **GF** **V**
Kale, Cabbage, Broccoli, Carrots, Celery, Water Chestnuts, Cashews & Quinoa
- Miso** **GF** **V**
Kale, Cabbage, Broccoli, Broccoli Slaw, Bell Peppers, Beets, Tamari Almonds & Quinoa
- Ginger Nama Shoyu** **V**
Kale, Cabbage, Broccoli, Zucchini, Baby Corn, Water Chestnuts, Hemp Seeds & Black Rice
- Sweet Cashew** **GF** **V**
Kale, Cabbage, Broccoli, Celery, Carrots, Zucchini, Pumpkin Seeds, Raisins & Black Rice
- Banana Curry** **GF** **V**
Kale, Cabbage, Bell Peppers, Celery, Zucchini, Beets, Raisins, Cashews & Quinoa
- Carrot Ginger** **GF** **V**
Kale, Cabbage, Celery, Zucchini, Roasted Red Peppers, Broccoli Slaw, Crunchy Sprouts, Tamari Almonds & Black Rice



TRY OUR MIRACLE SUBSTITUTE
Low Carb
 Only 1g net carb for serving
Grain Free
 Made from the Konjac plant eaten in Asia for over 1,000 years
Prebiotic
 Made from a soluble fiber that feeds the beneficial bacteria in your gut
 Add \$2.00

ADD-ONS

* Salmon or Shrimp	\$7.00
* Chicken	\$3.00
* Turkey Bacon, Fakin' Bacon, Tofu, Avocado, or Egg	\$2.00
* Corn, Black Beans, Hummus, Vegetable, Cheese or Extra Sauce (2 oz.)	\$1.00